

SARAH HAVENS SPERRY

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EDUCATION

- 2019-2020 **The Charleston Consortium**
Medical University of South Carolina & Ralph H. Johnson VAMC
Predoctoral Clinical Internship
Substance Abuse Track
Research Preceptor: James Prisciandaro, Ph.D.
- August 2016 - **University of Illinois at Urbana Champaign, IL**
Ph.D. Clinical Psychology (*expected 2020*)
Minor: Cognitive Neuroscience & Quantitative Psychology
Dissertation Title: *Exploring individual differences in the affective dynamics of bipolar spectrum psychopathology*
Dissertation Committee: Thomas Kwapil, Ph.D. (chair), Howard Berenbaum, Ph.D., Catharine Fairbairn, Ph.D., Benjamin Hankin, Ph.D., Brent Roberts, Ph.D.
**Note that I transferred to UIUC in August 2016 with my mentor Thomas Kwapil*
- 2014 – 2016 **University of North Carolina at Greensboro, NC**
M.A. Clinical Psychology (within Ph.D. track)
Masters Title: *Examining the role of impulsivity in bipolar spectrum psychopathology: Identification and expression in daily life*
Masters Committee: Thomas Kwapil, Ph.D. (chair), Paul Silvia, Ph.D., Kari Eddington, Ph.D.
- 2007-2011 **Tufts University, Medford, MA**
B.S. in Clinical Psychology (Cum Laude), May 2011
- 2010 **Danish Institute for Study Abroad, Copenhagen, Denmark**
Study Abroad Program, Spring 2010
Psychology Track

AWARDS AND HONORS

- 2019 HealthEmotions Research Institute, Wisconsin Symposium on Emotion, Travel Grant
2018 APF/COGDOP Graduate Research Scholarship
2018 Smadar Levin Travel Award, Society for Research on Psychopathology
2018 Frederick & Ruby Kanfer Research Award, UIUC
2018 Psychology Alumni Board Graduate Student Travel and Research Award, UIUC
2018 Outstanding Teacher Award (awarded to top 10% of faculty), UIUC
2017 Smader Levin Award Finalist, Society for Research on Psychopathology
2017 Psychology Alumni Board Graduate Student Travel and Research Award, UIUC
2017 Nancy Hirschberg Memorial Research Award, UIUC
2017 Ed Scheiderer Memorial Research Award, UIUC
2015 APAGS/Psi Chi Junior Scientist Fellowship
2015 Graduate Research and Creativity Award, UNCG

2015	Graduate Summer Research Assistantship Award, UNCG
2014-2016	Greensboro Graduate Scholar Award, UNCG
2011	Cum Laude distinction for Bachelor of Science, Tufts University
2007-2011	Dean's Honors, Tufts University

PEER-REVIEWED PUBLICATIONS

1. **Sperry, S.H.**, & Kwapil, T.R. (2019). Affective dynamics in bipolar spectrum psychopathology: Modeling variability, reactivity, instability, and inertia in daily life. *Journal of Affective Disorders*, 251, 195-204.
2. **Sperry, S.H.**, Kwapil, T.R., Eddington, K.M., & Silvia, P.J. (2018). Psychopathology, everyday behaviors, and autonomic activity in daily life: An ambulatory impedance cardiography study of depression, anxiety, and hypomanic traits. *International Journal of Psychophysiology*, 129, 67-75.
3. Harper, K.L., Silvia, P.J., Eddington, K.M., **Sperry, S.H.**, Kwapil, T.R. (2018). Conscientiousness and effort-related cardiac activity in response to piece-rate cash incentives. *Motivation and Emotion*.
4. **Sperry, S.H.**, Barrantes-Vidal, N., & Kwapil, T.R. (2018) The association of affective temperaments and bipolar spectrum psychopathology: An experience sampling study. *Motivation and Emotion*, 42(1), 126-136.
5. **Sperry, S.H.**, Lynam, D.P., & Kwapil, T.R. (2018). The convergence and divergence of impulsivity facets in daily life. *The Journal of Personality*, 86 (5), 841-852.
6. Lewandowski, K.E., **Sperry, S.H.**, Cohen, B.M., Norris, L.A., Fitzmaurice, G.M., Öngür, D., Keshavan, M.S. (2017). Treatment to Enhance Cognition in Bipolar Disorder (TREC-BD): Efficacy of a randomized controlled trial of cognitive remediation. *Journal of Clinical Psychiatry*, 78(9), e1242-e1249.
7. **Sperry, S.H.** & Kwapil, T.R. (2017). What can daily life assessment tell us about the bipolar spectrum? *Psychiatry Research*, 252, 51-56.
8. Silvia, P.J., Mironovová, Z., McHone, A.N., **Sperry, S.H.**, Harper, K.L., Kwapil, T.R., & Eddington, K.M. (2016). Do depressive symptoms blunt effort? An analysis of cardiac engagement and withdrawal for an increasingly difficult task. *Biological Psychology*, 118, 52-60.
9. Lewandowski, K.E., **Sperry, S.H.**, Öngür, D., Cohen, B.M., Norris, L.A., & Keshavan, M.S. (2016). Cognitive remediation versus active computer control in bipolar disorder with psychosis: Study protocol for a randomized controlled trial, *Trials*, 17(1), 136.
10. **Sperry, S.H.**, Lynam, D.R., Walsh, M.A., Horton, L.E. & Kwapil, T.R. (2016). Examining the multidimensional structure of impulsivity in daily life. *Personality and Individual Differences*, 94, 153-158.
11. **Sperry, S.H.**, O'Connor, L.K., Öngür, D., Cohen, B.M., Keshavan, M.S., & Lewandowski, K.E. (2015). Measuring cognition in bipolar disorder with psychosis using the MATRICS Consensus Cognitive Battery. *The Journal of the International Neuropsychological Society*, 21(6), 468-472.
12. **Sperry, S.H.**, Walsh, M.A., & Kwapil, T.R. (2015). Measuring the validity and psychometric properties of a short form of the Hypomanic Personality Scale. *Personality and Individual Differences*, 82, 52-57.
13. Lewandowski, K.E., Öngür, D., **Sperry, S.H.**, Cohen, B.M., Sehovic, S.M., Goldbach, J., & Du, F. (2014). Myelin versus axon abnormalities in white matter in bipolar disorder. *Neuropsychopharmacology*, 40, 1243-1249.

14. Lewandowski, K.E., **Sperry, S.H.**, Cohen, B.M., & Öngür, D. (2014). Cognitive variability in psychotic disorders: an exploratory cross-diagnostic cluster analysis. *Psychological Medicine*, 44 (15), 3239-48.
15. Lewandowski, K.E., **Sperry, S.H.**, Malloy, M.C., & Forester, B.P. (2013) Age as a predictor of cognitive decline in bipolar disorder. *American Journal of Geriatric Psychiatry*, 12, 1462-1468.
16. Lewandowski, K.E., Cohen, B.M., Keshavan, M.S., **Sperry, S.H.**, & Öngür, D. (2013) Neuropsychological functioning predicts community outcomes in affective and non-affective psychoses: a 6-month follow-up. *Schizophrenia Research*, 148, 34-37.

MANUSCRIPTS PREPRINTED AT PSYARXIV

1. Silvia, P., McHone, A., Mironovová, Z., Eddington, K., Harper, K., **Sperry, S. H.**, & Kwapil, T. R. (2018, October 26). Evaluating the RZ Interval and the Pre-ejection Period as Impedance Cardiography Measures of Effort-Related Cardiac Sympathetic Activity. Retrieved from osf.io/r4y9a.

MANUSCRIPTS UNDER REVIEW

1. **Sperry, S.H.** & Kwapil, T.R. (under review post revision). Deconstructing affect intensity and variability: An experience sampling study of affective dynamics.
2. **Sperry, S.H.**, Walsh, M.A., & Kwapil, T.R. (under review). Emotion dynamics concurrently and prospectively predict bipolar, depressive, and borderline psychopathology.
3. Silvia, P.J., McHone, A.N., Mironovová, Z., Harper, K., & **Sperry, S.H.**, Kwapil, T.R. (under review). Evaluating the RZ interval as a measure of effort-related cardiac sympathetic activity.

MANUSCRIPTS IN PREPARATION (At least partially written)

1. Lewandowski, K.E., Norris, L.A., **Sperry, S.H.**, Cohen, B.M., Öngür, D., Keshavan, M.S. Predicting treatment adherence and response in cognitive remediation.
2. Berson, T., **Sperry, S.H.**, & Kwapil, T.R. To split or not to split? Examining the multidimensionality of the Hypomanic Personality Scale.
3. **Sperry, S.H.** & Eckland, N. The effects of affective lability on emotional awareness, depression, and urgency: A latent variable analysis.

PROFESSIONAL TALKS

1. **Sperry, S.H.** (2019, July). Modeling affective dynamics via time-series analysis: An examination of affective dysregulation in bipolar psychopathology. Invited symposium, *Mathematical Psychiatry*. Submitted for presentation at the Society of Math Biology.
2. **Sperry, S.H.**, & Kwapil, T.R. (2019, March). Deconstructing affect intensity and variability: An experience sampling study of affective dynamics. To be presented at the Society for Affective Science, Boston, MA.
3. **Sperry, S.H.**, Lynam, D.R., & Kwapil, T.R. (2019, March). The convergence and divergence of negative and positive urgency in daily life. Invited symposium, *Emotion-Driven Impulsivity: Transdiagnostic Mechanisms and Implications for Treatment*, to be presented at the Anxiety and Depression Association of America, Chicago, IL.

4. **Sperry, S.H.**, Lynam, D.R., Walsh, M.A., Horton, L.E. & Kwapil, T.R. (2015, October). Examining the multidimensional structure of impulsivity in daily life. Talk presented at the Society for Southeastern Social Psychologists, Winston-Salem, NC.

POSTER PRESENTATIONS

**Presenting author*

1. **Sperry, S.H.**, Walsh, M.A., & Kwapil, T.R. (2019, April). Differential patterns of emotion dynamics concurrently and prospectively predict bipolar, depressive, and borderline psychopathology. To be presented at the University of Wisconsin HealthEmotions Research Institute Symposium on Emotion, Madison, WI. *Won Travel Award Grant.*
2. Eckland, N. & **Sperry, S.H.*** (2019, March). The effects of affective lability on emotional awareness, depression, and urgency: A latent variable analysis. To be presented at the Society for Affective Science, Boston, MA.
3. **Sperry, S.H.*** & Kwapil, T.R. (2018, September). Examining affective dynamics in bipolar spectrum psychopathology: reactivity, variability, and instability in daily life. Poster presented at Society for Research on Psychopathology, Indianapolis, IN. *Won runner-up for best graduate student poster.*
4. **Sperry, S.H.*** & Kwapil, T.R. (2018, April). Characterizing the temporal dynamics of affective processes in bipolar spectrum psychopathology. Poster presented at the Society for Affective Science. Los Angeles, CA.
5. **Sperry, S.H.***, Kwapil, T.R., Eddington, K.M., Silvia, P.J. (2017, September). Ambulatory assessment as a method for examining the association of hypomanic traits, behavior, and psychophysiology. Poster presented at Society for Research on Psychopathology, Denver, CO. *Nominated for best poster award*
6. Lewandowski, K.E., **Sperry, S.H.**, Cohen, B.M., Norris, L.A., Fitzmaurice, G.M., Öngür, D., Keshavan, M.S. (2017, May). Treatment to Enhance Cognition in Bipolar Disorder (TREC-BD): Efficacy of a randomized controlled trial of cognitive remediation. Poster presented at Harvard Psychiatry Research Day, Boston, MA.
7. **Sperry, S.H.***, Lynam, D.R., & Kwapil, T.R. (2017, April). Mood-based impulsivity and its expression in daily life. Poster presented at Society for Affective Science, Boston, MA.
8. **Sperry, S.H.*** & Kwapil, T.R. (2016, September). Examining the role of impulsivity in bipolar spectrum psychopathology: Identification and Expression in Daily Life. Poster presented at the Society for Research on Psychopathology, Baltimore, MD.
9. **Sperry, S.H.***, Lynam, D.R., Walsh, M.A., Horton, L.E. & Kwapil, T.R. (2015, October). Examining the multidimensional structure of impulsivity in daily life. Poster presented at Society for Research on Psychopathology, New Orleans, LA.
10. Lewandowski, K.E., Baker, J., Norris, L.A., Juelich, R., Cohen, B.M., **Sperry, S.H.**, Öngür, D. (2015, October). Cognitive clusters in psychosis and their association with Resting-State Functional Connectivity. Poster presented at Society for Research on Psychopathology, New Orleans, LA.
11. **Sperry, S.H.***, Lynam, D.R., Walsh, M.A., & Kwapil, T.R. (2015, May). Validating the multidimensional structure of impulsivity in daily life. Poster presented at Association of Psychological Science Conference, New York, NY.
12. Lewandowski, K.E., Baker, J.T., Norris, L.A., Juelich, R.J., Cohen, B.M., **Sperry, S.H.**, & Öngür, D. (2015, April). Cognitive variability in psychotic disorders: A cross-diagnostic cluster analysis. Poster presented at Harvard Psychiatry Research Day, Boston, MA.

13. **Sperry, S.H.***, Walsh, M.A., & Kwapil, T.R. (2015, April). Measuring the validity and psychometric properties of a short form of the hypomanic personality scale. Poster presented at the University of North Carolina at Greensboro Graduate Research and Creativity Expo, Greensboro, NC.
14. Lewandowski, K.E., Cohen, B.M., Keshavan, M.S., **Sperry, S.H.**, & Öngür, D. (2014, September). Task-based and resting state functional connectivity changes after cognitive remediation in bipolar disorder. Poster presented at the Fourth Biennial Conference on Resting State/Brain Connectivity, Cambridge, MA.
15. Lewandowski, K.E., Keshavan, M.S., Cohen, B.M., **Sperry, S.H.***, & Öngür, D. (2014, March). Cognitive remediation in bipolar disorder: efficacy and neural correlates of treatment. Poster presented at Harvard Psychiatry Research Day, Boston, MA.
16. Shinn, A.K., Du, F., Thida, T., **Sperry, S.H.**, Cohen, B.M., Öngür, D., & Lewandowski, K.E. (2013, December). Myelin and axon abnormalities in schizophrenia and bipolar disorder measured with magnetization transfer ratio and diffusion tensor spectroscopy. Poster presented at American College of Neuropsychopharmacology Annual Meeting, Hollywood, FL.
17. Lewandowski, K.E., Keshavan, M.S., Cohen, B.M., **Sperry, S.H.**, & Öngür, D. (2013, December). Cognitive remediation in bipolar disorder: efficacy and neural correlates of treatment. Poster presented at American College of Neuropsychopharmacology Annual Meeting, Hollywood, FL.
18. **Sperry, S.H.***, O'Connor, L.K., Keshavan, M.S., Cohen, B.M., Öngür, D., & Lewandowski, K.E. (2013, September). Assessment of cognitive dysfunction in psychotic bipolar disorder using the MATRICS Consensus Cognitive Battery. Poster presented at Society for Research on Psychopathology Annual Conference, Oakland, CA.
19. Lewandowski, K.E., **Sperry, S.H.**, Cohen, B.M., & Öngür, D. (2013, September). Cognitive clusters in a cross-diagnostic sample of psychotic disorders. Paper presented at Society for Research on Psychopathology Annual Conference, Oakland, CA.
20. **Sperry, S.H.***, Keshavan, M.S., Cohen, B.M., Öngür, D., & Lewandowski, K.E. (2013, June). Predictors of treatment adherence in computerized cognitive remediation for bipolar disorder. Poster presented at Cognitive Remediation in Psychiatry Annual Conference, New York, NY.
21. **Sperry, S.H.***, Keshavan, M.S., Cohen, B.M., Öngür, D., & Lewandowski, K.E. (2013, April). Patients' report of improved cognitive and community functioning during cognitive remediation: a qualitative analysis. Poster presented at Harvard Psychiatry Research Day, Boston, MA.
22. **Sperry, S.H.***, Keshavan, M.S., Cohen, B.M., Öngür, D., & Lewandowski, K.E. (2013, January). Patients' report of improved cognitive and community functioning during cognitive remediation: a qualitative analysis. Poster presented at McLean Hospital Research Day, Belmont, MA.
23. Lewandowski, K.E., Cohen, B.M., **Sperry, S.H.**, Öngür, D., & Keshavan, M.S. (2012, December). Controlled trial of cognitive remediation in psychotic bipolar disorder: feasibility, tolerability, and the development of a web-based computer control. Poster presented at American College of Neuropsychopharmacology Annual Meeting, Hollywood, FL.
24. Malloy, M., Lewandowski, K., **Sperry, S.**, & Forester, B. (2012, March). Cognitive changes across the adult lifespan in bipolar disorder. Poster presented at American Association of Geriatric Psychiatry Annual Meeting, Washington, D.C.

25. Malloy, M., Lewandowski, K., **Sperry, S.***, Deseda, J., & Forester, B. (2012, January). Cognitive changes across the adult lifespan in bipolar disorder. Poster presented at McLean Hospital Research Day, Belmont, MA.

GRANTS & FELLOWSHIPS

Received

- November 2018 **APF/COGDOP Graduate Research Scholarship**, Principle Investigator (\$2,000)
Project Title: Exploring individual differences in the affective dynamics of bipolar spectrum psychopathology
- July 2015 **APAGS/Psi Chi Junior Scientist Fellowship**, Principle Investigator (\$1,500)
Project Title: Differentiating impulsivity dimensions using experience sampling methodology and ambulatory psychophysiology

Submitted

- December 2016 **Ruth L. Kirschstein National Service Research Award (F31)**, *Scored, Unfunded*
Title: Characterizing the temporal dynamics of affective regulation in bipolar spectrum psychopathology: A longitudinal ESM Study
- November 2015 **National Science Foundation Graduate Research Fellowship Program**, *Unfunded*
- November 2014 **National Science Foundation Graduate Research Fellowship Program**, *Unfunded*

RESEARCH EXPERIENCE

- August 2014 - Present **Kwapil Lab, University of Illinois Urbana Champaign, Champaign, IL**
Mentor : Thomas Kwapil, PhD
Currently investigating the affective, behavioral and cognitive correlates of bipolar spectrum psychopathology. In particular, exploring the expression of bipolar spectrum psychopathology, impulsivity, and affective dynamics in daily life using experience sampling methodology. *Lab moved from UNCG in August 2016
- August 2014 - Present **Silvia Lab, University of North Carolina at Greensboro, Greensboro, NC**
Mentor : Paul Silvia, PhD
Investigating ambulatory psychophysiology and experience sampling methodology of motivation, effort, and affect in daily life. Administered study protocol for an NIMH R15 funded project to participants using Mindware Ambulatory IGC devices and Samsung tablets. Cleaned, managed, and analyzed study data using Mindware software, BioLab, and Qualtrics.
- May – August 2016 **Schizophrenia and Bipolar Disorder Program, McLean Hospital, Belmont, MA**
Mentor: Kathryn Eve Lewandowski, PhD
Visiting graduate student for summer 2016. Analyzed data for studies coordinated during research assistantship. Specifically, completed data analysis on projects investigating the efficacy of cognitive remediation for bipolar disorder. Began individual project examining glutamate/GABA and cognitive functioning in psychosis-prone samples and first-degree relatives of those with psychotic disorders. Note that I continue to collaborate on projects at the SBDP each summer.

- June 2011 – July 2014 **Schizophrenia and Bipolar Disorder Program, McLean Hospital, Belmont, MA**
Mentors: Kathryn Eve Lewandowski, PhD and Dost Öngür, MD, PhD
 Coordinator for several NIH R01 and K23 funded studies investigating: 1) neurocognitive deficits in psychotic disorders, 2) the efficacy of a neuroplasticity based cognitive remediation protocol for bipolar disorder, 3) the neural correlates of change in cognitive remediation using fMRI and Diffusion Tensor Spectroscopy. Assisted in the development and implementation of the cognitive remediation protocol, completed IRB reviews, prepared manuscripts and presented findings, and trained and supervised undergraduate interns to administer neuropsychological assessments.
- Sept. 2010-May 2011 **Schizophrenia and Bipolar Disorder Program, McLean Hospital, Belmont, MA**
Mentors: Kathryn Eve Lewandowski, PhD and Dost Öngür, MD, PhD
 Undergraduate research assistant on a study investigating cognitive deficits in schizophrenia, schizoaffective disorder, and bipolar disorder. Recruited and administered neuropsychological assessments and clinical symptom scales to inpatients, outpatients, and healthy participants. Administered Cognitive Enhancement Therapy (CET) to individuals diagnosed with bipolar disorder in a residential treatment setting. Attended didactic trainings (grand rounds, case conferences, neuroscience seminars, and clinical rounds).
- Sept. 2010-May 2011 **Tufts University, Medford, MA**
Mentor : Tali Ditman-Brunye, PhD
 Collected data for a study investigating perspective-taking misattribution bias in schizophrenia.
- May – Sept. 2010 **Depression Clinical and Research Program, Massachusetts General Hospital, Boston, MA**
 Summer Internship. Prepared a clinical trial of S-adenosylmethionine (S-AdoMet) vs. Lexapro for data analysis.

CLINICAL EXPERIENCE

- 2018-present **University of Illinois Stress and Anxiety Clinic**
Supervisor: Howard Berenbaum, PhD
 Administer structured intake assessments (SCID-5) and evidenced-based individual psychotherapy to student and community-based individuals experiencing mood and anxiety disorders. Administer cognitive-behavioral therapy, cognitive processing therapy, and prolonged exposure.
- 2017-present **University of Illinois Disability Resources & Educational Services**
Supervisor: Sue Han, PhD & Kim Collins, PhD
 Administer semi-structured intake interviews and psychodiagnostic and neuropsychological assessments for students at the University of Illinois at Urbana-Champaign. Provide individual psychotherapy to students with a variety of presenting concerns using cognitive behavioral therapy, motivational interviewing, interpersonal psychotherapy, and dialectical behavioral therapy.
- 2016-2017 **University of Illinois Autism Clinic**
Supervisor: Amy Cohen, PhD
 Administered diagnostic assessments (ADOS-2) for autism spectrum disorder for children (12 months – 18 years). Provided feedback and coordination of services for families. Co-led several

groups (PEERS Social Skills Training) for adolescents on the autism spectrum from ages 12 to 17 years. Served as a peer supervisor in Summer 2017.

- Spring 2016 **UNCG Psychology Clinic, Assessment Practicum**
Supervisor: Blair Wisco, PhD
Administered psychodiagnostic assessments, IQ testing, and achievement testing to adults with a host of referral questions. Trained to administer WAIS - IV, WJ-IV, WISC-V, WIAT-III, WPPSI - IV, Stanford Binet - 5, SCID-5-CV, SCID-5-PD, MMPI-2, MCMI.
- 2015 - 2016 **UNCG Psychology Clinic, Group therapy**
Supervisor: Rosemary Nelson-Grey, PhD
Co-leader of the Adult Dialectical Behavioral Therapy Group. Program focused on teaching emotion regulation, distress tolerance, interpersonal effectiveness, and mindfulness to individuals with borderline personality disorder and bipolar disorder.
- 2015 - 2016 **UNCG Psychology Clinic, Individual therapy**
Supervisor: Blair Wisco, PhD
Provided individual psychotherapy based on empirically validated treatments for adult community patients primarily experiencing anxiety, ADHD, and mood disorders. Primary training in Cognitive Behavioral Therapy, Cognitive Therapy, Dialectical Behavioral and Mindfulness-Based Therapies, and Motivational Interviewing.
- Summer 2015 **UNCG Dream Camp**
Supervisors: Rosemary Nelson-Grey, PhD & Susan Keane, PhD
Served as a student therapist for a group of individuals ages 15-18 with autism spectrum disorders and social skills deficits. Implemented behavioral modification and social skills training.
- 2011- 2014 **Schizophrenia and Bipolar Disorder Program, McLean Hospital, Belmont, MA**
Supervisor: Kathryn Eve Lewandowski, PhD
Conducted SCID-IV-TR diagnostic interviews, measures of symptom severity (YMRS, MADRAS, PANSS, SAPS), community functioning (MCAS), and cognitive functioning (MCCB) with adults diagnosed with bipolar disorder and schizophrenia. Administered cognitive remediation and psychosocial bridging sessions to patients with bipolar disorder within an RCT.

TEACHING EXPERIENCE

- Fall 2018 **Psychology Writing Support Center (Supervisor: Catharine Fairbarn, Ph.D.)**
Lead Writing Tutor
Serve as the lead writing mentor for graduate students seeking support at the writing center. Tasks include reviewing, editing, and providing support for graduate student's writing assignments, manuscripts, and grant submissions. Leading a peer-supported writing group for NSF GRFP and NRSA F31 applications. Other tasks include developing a writing workshop and resources for effective scientific writing for the center library.
- Fall 2017 **Psychopathology and Problems in Living (Teaching Supervisor: Mikhail Lyubansky)**
Instructor of record
Instructor for two sections of 50 students each. Topics covered abnormal psychology, definition, classification, and conceptualization of mental illness, and research in abnormal psychology.
- Spring 2016 **Graduate Research Methods (Instructor: Thomas Kwapil)**
Teaching Assistant
Provided feedback on weekly response papers and drafts of thesis proposal documents.

- Fall 2015 **Research and Statistical Methods (Teaching Supervisor: Suzanne Schallhorn)**
 Lab Instructor
 Led a lab section twice per week, presented weekly lectures, graded assignments.
- Spring 2015 **Developmental Psychology (Instructor: Thanujeni Pathman)**
 Teaching Assistant & Guest Lecturer
 Attended lectures, graded assignments, wrote and graded midterm and final exam. Gave a guest lecture on executive functioning and reasoning.
- Spring 2015 **Freshman Seminar: Film and Psychopathology (Instructor: Thomas Kwapil)**
 Teaching Assistant
 Graded and provided weekly feedback on writing assignments. Specifically aimed to improve writing skills and to emphasize considerations in writing about psychopathology.
- Fall 2014 **Cognitive Development (Instructor: Thanujeni Pathman)**
 Teaching Assistant & Guest Lecturer
 Attended lectures, graded assignments, wrote and graded weekly reading quizzes. Gave a guest lecture on executive functioning, metamemory, and metacognition.

AD-HOC REVIEWING EXPERIENCE

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| 2015 | Neuroscience and Biobehavioral Review |
| 2016 | Psychiatry and Clinical Neurosciences |
| 2016-present | Psychiatry Research |
| 2016-present | Journal of Affective Disorders |
| 2018-present | Psychophysiology |

CONFERENCES AND TRAININGS

- Early Intervention in Psychosis Workshop, June 3rd, 2016, Boston, MA.
 Massachusetts Mental Health Center/Harvard Medical School Department of Psychiatry
 Workshop Directors: Larry J. Seidman, PhD, Margaret Guyer, PhD, & Matcheri S. Keshavan, MD
- Mindware Heart Rate Variability Workshop, June 13th-14th, 2015. Columbus, OH.
- Cognitive Remediation in Psychiatry Annual Conference, June 8th, 2012. New York, NY.
 Workshop: "Compensatory Cognitive Training: Success without Drills" by Elizabeth Twamley, Ph.D.
 Workshop: "Cognitive Remediation in Public Psychiatry Settings" by Jean-Pierre Lindenmeyer, M.D., & Alice Saperstein, Ph.D.
- Partners Magnetic Resonance Environmental Safety and Certification Training
 Certification: 1.5, 3, and 4 Tesla MR

PROFESSIONAL ASSOCIATIONS

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| 2016 – Present | Society for Ambulatory Assessment |
| 2016 – Present | Society for Affective Science (SAS) |
| 2015 – Present | Psi Chi Society |
| 2014 – Present | Society for Research on Psychopathology (SRP) |
| 2014 – Present | American Psychological Association (APA) |
| 2015 – 2017 | Association of Psychological Science (APS) |

PROFESSIONAL SKILLS

Software: Excel, SPSS, BioLab, Medialab, Qualtrics, Mplus, R, MATLAB (beginner), SPM (beginner)
Technology: Mindware Impedance Cardiography
Methodology: Multilevel modeling, growth curve modeling, structural equation modeling

SPECIALIZED ASSESSMENT TRAINING

Neuropsychological Assessment:

Brief Assessment of Cognition in Schizophrenia (BACS): Symbol-Coding
Brief Visuospatial Memory Test Revised (BVRT-R)
California Verbal Learning Test (CVLT)
Category Fluency
Continuous Performance Test – Identical Pairs (CPT-IP)
Conners Continuous Performance Test 3 (CPT-3)
Conners Continuous Auditory Test of Attention (CATA)
General Ability Measure for Adults (GAMA)
Hopkins Verbal Learning Test Revised (HVLT-R)
Mayer-Salovey-Caruso Emotional Intelligence Test (MSCEIT): Managing Emotions
Mini Mental State Examination (MMSE)
Neuropsychological Assessment Battery (NAB): Mazes
Stanford Binet 5th Edition
Stroop Color-Word Test
Trail Making Test
Wechsler Memory Scale 3rd Ed: Spatial Span
Wechsler Memory Scale 3rd Ed: Letter-Number Span
Wechsler Adult Intelligence Scale 4th Edition (WAIS-IV)
Wechsler Intelligence Scale for Children 5th Edition (WISC-V)
Wechsler Preschool and Primary Scale of Intelligence 4th Edition (WPPSI-IV)
Woodcock Johnson Tests of Cognitive Abilities 4th Edition (WJ Cog-IV)

Psychodiagnostic and Personality Assessment:

Autism Diagnostic Observation Schedule 2nd Edition (ADOS-2)
Clinician-Administered PTSD Scale for DSM-5 (CAPS-5)
Minnesota Multiphasic Personality Inventory (MMPI-2)
Millon Clinical Multiaxial Inventory (MCMI-III)
NEO Personality Inventory 3rd Edition (NEO-PI-3)
Personality Inventory for DSM-5 (PID-5)
Structured Clinical Interview for the DSM IV-TR (SCID-IV-TR)
Structured Clinical Interview for the DSM 5- Clinician Version (SCID-5-CV)
Structured Clinical Interview for the DSM 5 – Personality Disorders (SCID-5-PD)
Symptom Checklist-90-Revised (SCL-90-R)
Test of Memory Malingering (TOMM)
Wechsler Individual Achievement Test 3rd Edition (WIAT-III)
Woodcock Johnson Tests of Achievement 4th Edition (WJ-IV)
Wide Range Achievement Test 4th Edition (WRAT 4)

Clinical Symptom and Functioning Measures:

Adaptive and Aggressive Assertiveness
Affective Control Scale (ACS)
Affect Intensity Measure (AIM)
Altman Mania Rating Scale (AMRS)
Autism-Spectrum Quotient (AQ)
Behavior Assessment for Children, 2nd Edition (BASC-2)
Beck Depression Inventory (BDI)
Beck Anxiety Inventory (BAI)
Brief Symptom Checklist – 18 (BSI)

Child Behavior Checklist (CBCL)
Conners' Adult ADHD Rating Scales (CAARS)
Difficulties in Emotion Regulation Scale (DERS)
Dissociative Experiences Scale (DES)
Fear of Negative Evaluation (FNE)
Hamilton Rating Scale for Depression (HAM-D)
Intolerance of Uncertainty Scale (IUS)
Lifetime Events Checklist for DSM-5 (LEC-5)
Mood and Anxiety Symptom Questionnaire (MASQ)
Modified Checklist for Autism in Toddlers, Revised (M-CHAT-R)
Montgomery-Asberg Depression Scale (MADRS)
Multnomah Community Ability Scale (MCAS)
Negative Problem Orientation Questionnaire (NPOQ)
Quality of Life Inventory (QOLI)
Positive Affect Negative Affect Schedule – Expanded (PANAS-X)
Penn State Worry Questionnaire (PSWQ)
PTSD Checklist for DSM-5 (PCL-5)
Positive and Negative Syndrome Scale (PANSS)
Posttraumatic Cognitions Inventory (PTCI)
Scale for the Assessment of Positive Symptoms (SAPS)
Scale for the Assessment of Negative Symptoms (SANS)
Social and Occupational Functioning Assessment Scale (SOFAS)
Social Communication Questionnaire (SCQ)
Social Interaction Anxiety Scale (SIAS)
Social Responsiveness Scale 2nd Edition (SRS-2)
Trait Meta Mood Scale (TMMS)
Vineland Adaptive Behavior Scales, 2nd & 3rd Edition (Vineland-III)
Young Mania Rating Scale (YMRS)