

Apoorva Nag

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EDUCATION

University of Illinois at Urbana-Champaign	2021 – 2023
<i>Master of Science in Psychological Science GPA: 4.0 (In-Progress)</i>	
Sampurna Institute of Advanced Studies	2020 – 2021
<i>Post-Graduate Diploma in Counseling Psychology GPA: 4.0</i>	
CHRIST University	2017 – 2020
<i>Bachelor of Science in Psychology (Honors) GPA: 3.3</i>	

PUBLICATIONS

- Rieger, A., Blackburn, A. M., Nag, A., Holland, H., & Allen, N. E. (In preparation). Contradictions in change: Ecological factors in the implementation of outer layer sexual violence prevention.
- Nag, A., Swaminathan, K., Sridhar, S., & Esther, D. (Accepted). Dating Relationships among Emerging Adults: A Qualitative Exploration for a Problem Definition.
- Kodancha, P., & Nag, A. (2020). Online Social Support: Buffer for Everyday Discrimination? *PsychoLogs*, 2(2), 48-52.
- Thakral, H., Nag, A., George, K., & Srinivas, V. (Accepted). Influence of Sex-Roles in Direct and Indirect Non-Suicidal Self-Injury. *Proceedings of "Entitlement, Equality and Mental Health" – Contemporary Psychosocial Perspectives, India.*

PRESENTATIONS

- Rieger, A., Blackburn, A. M., Nag, A., Holland, H., & Allen, N. E. (2022, May). *Contradictions in change: Ecological factors in the implementation of outer layer sexual violence prevention. Paper Presentation at the Society for Prevention Research, Seattle, WA.*
- Nag, A., & Srinivas, V., (2020, March). Soap Operas: A Stress Buster or A Trait Influencer? *Poster Presentation at Montfort College Mental Health and Technology in a Changing World National Conference, Bangalore, India.*
- Kodancha, P., Nag, A., & Tamarana, B., (2020, March). Online Social Support: Buffer Against Everyday Discrimination. *Paper Presentation at Montfort College Mental Health and Technology in a Changing World National Conference, Bangalore, India.*
- Thakral, H., Nag, A., Sajnani, K., & Jose, A., (2019, November). Miscarriage – Its Effects on Expecting Fathers. *Paper Presentation at International Stress Management Conference, Hyderabad, India*
- Thakral, H., Nag, A., George, K., & Srinivas, V., (2019, November). Influence of Sex-Roles in Direct and Indirect Non-Suicidal Self-Injury. *Paper Presentation at "Entitlement, Equality and Mental Health" – Contemporary Psychosocial Perspectives, West Bengal, India.*

Nag, A., Thakral, H., & George, K. (2019, March). Gendered Comparison of Direct and Indirect Self –Injury. *Paper Presentation at Jain University Gender and Psychology – Challenges Faced in the 21st Century, Bangalore, India.*

RESEARCH EXPERIENCE

Action, Research and Collaboration Lab

August 2021 – May 2023

Graduate Researcher

University of Illinois, Department of Psychology | Advisor: Nicole E. Allen, Ph.D.

- Supervising undergraduate research assistants in the Action, Research, and Collaboration Lab.
- Graduate research assistant for Rape Prevention and Education (RPE) evaluation team for Illinois Department of Public Health (IDPH).
 - Note-taking for logical model workshops with prevention centers in the state of Illinois.
 - Conducted a disconfirmation bias analysis across 28 qualitative interviews exploring ecological factors in the implementation of outer layer sexual violence prevention.
- Collaborating with Women’s Resource Center to develop systematic review on efficacy of peer-led intervention.
- Collaborating with Center for Science and Behavioral Science (CSBS) to explore the Engagement of Community Members for the Development of Mobile Applications Towards Community Safety.

CHRIST University

June 2019 – May 2020

Investigator

Bangalore, India

- Defended an undergraduate thesis entitled, “*Soap Operas: A Stress Buster or A Trait Influencer?*”

Heart It Out

October 2020 – January 2021

Research Assistant

Bangalore, India

- Instructed and supervised new interns on sub-research tasks (i.e., review of literature, data collection, data analysis, compilation of information, and writing a paper or article).
- Co-facilitated support groups on stress, depression, and anxiety.
- Built auto-scoring e-diagnostic assessment tools on anxiety, depression, and attachment styles.
- Oversaw the development of systematic reviews of literature on:
 - variance of self-concept amongst nulliparous (non-pregnant) women and maternal (pregnant) women.
 - physical, psychological, emotional, financial, and social concerns of primiparous (one child) parents with infants between ages of 0 to 1.
- Created informational content and data visualizations on gender and sexuality for various social media platforms (i.e., Instagram, Facebook, LinkedIn, Twitter, Reddit, Quora, and Medium).

Heart It Out**June 2020 – December 2020**Research Intern*Bangalore, India*

- Developed systematic reviews of literature on:
 - variance of self-concept amongst nulliparous (non-pregnant) women and maternal (pregnant) women.
 - physical, psychological, emotional, financial, and social concerns of primiparous (one child) parents with infants between ages of 0 to 1.
- Designed an intervention workshop to explore the effect of mandalas on self-concept amongst maternal women.
- Created detailed session notes for consenting clients.

Service-Learning Cell**June 2018 – March 2020**Core Member*CHRIST University, Psychology Cluster, Bangalore, India*

- Oversaw the development of evidence-based activities aimed at enhancing group cohesive and social skills for destitute women suffering with various mental health disorders.
- Designed evidence-based workshop modules on mental health for under-developed schools in rural parts of Bangalore, India.

CLINICAL EXPERIENCE**Sampurna Institute of Advanced Studies****August 2020 - May 2021**Trainee Counselling Psychologist*Bangalore, India*

- Facilitated 50 hours of counselling sessions with clients for supervised practicum.

Abhaya Neuropsychiatric Hospital**April 2019 - May 2019**Intern*Bangalore, India*

- Administered intake assessments for individuals diagnosed with alcohol and substance abuse disorders.
- Led social skills enhancement activities for individuals diagnosed with alcohol and substance abuse disorders.

Richmond Fellowship Society**May 2018 – June 2018**Intern*Bangalore, India*

- Designed and facilitated social skills enhancement activities for individuals diagnosed with Schizophrenia and Bipolar Affective Disorder.

PROFESSIONAL EXPERIENCE

McKinley Health Center**August 2022 – May 2023***Sexual Health Educator (Graduate Hourly)**University of Illinois at Urbana-Champaign***RELEVANT COURSEWORK**

PSYC 593: Clinical-Community Diversity & Inclusion**Spring Semester 2022***University of Illinois, Department of Psychology***SPED 575: Mixed Methods Inquiry****Spring Semester 2022***University of Illinois, Department of Special Education***PSYC 532: Introduction to Clinical-Community III****Fall Semester 2021***University of Illinois, Department of Psychology***AFFILIATIONS**

Women's Resource Center**August 2021 – May 2023***Graduate Volunteer**University of Illinois at Urbana-Champaign*

- Facilitating workshops for registered student organizations (RSO) on topics of sexual violence, consent, and healthy relationships.