

Agnes (Aggie) Rieger

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EDUCATION

University of Illinois at Urbana-Champaign, Urbana-Champaign, IL

PhD, Clinical-Community Psychology – Anticipated May 2026

- GPA: 4.0/4.0

Wellesley College, Wellesley, MA

Bachelors of Arts in Psychology – May 2017

- Selected for and completed honors thesis in Psychology (*Creativity as a route to attitude change: can the creative process augment the effectiveness of a persuasive message?*)
- Cumulative GPA: 3.74/4.0 (magna cum laude)
- Major GPA: 3.93/4.0

University of Pennsylvania, Philadelphia, PA

Certificate in Professional Writing – May 2019

Post-baccalaureate program, January 2018 – May 2019

- Graduate-level statistics, Cultural Psychology seminar
- GPA: 4.0/4.0

AWARDS & HONORS

- Women Organized Against Rape Volunteer of the Year (2018)
- 2017 Student Mental Health Advocate of the Year Award (Jordan Porco Foundation)
- Psi Chi Honor Society (inducted 2017)
- Sigma Xi Honor Society (inducted 2017)
- 2017 Fowler Public Speaking Prize finalist (a public speaking prize for presenting research)
- 2016 Wellesley in Washington Fellow
- 2015 Lumpkin Summer Institute for Service Learning Fellow
- New England Women's and Men's Athletic Conference Academic All-Conference Team (2015)
- Eastern College Athletic Conference/National Invitational Rowing Championship Steward's All-Academic Team (2015)
- Collegiate Rowing Coaches Association Scholar-Athlete Award (2014-2015)
- 2013 National Champion – American Legion speech competition

TRAVEL AWARD FUNDING

- UIUC Psychology Alumni Board Graduate Student Travel and Research Award (2019)
- Wellesley College Department of Psychology conference funding (2017 & 2018)

PROFESSIONAL & UNIVERSITY SERVICE

Student Representative, Child Maltreatment and Interpersonal Violence Special Interest Group – Association for Behavioral and Cognitive Therapies

November 2019 – present

- Collaborate with fellow representatives to create special interest group newsletter.
- Contribute to regular leadership meetings.

COVID-19 Resources Graduate Assistant, University of Illinois at Urbana-Champaign

March 2020 – present

- Under the direction of the psychology department head, collaborate with two fellow graduate assistants to compile mental health resources for university students and community members, highlighting common reactions, unique challenges (e.g., loss of purpose, facing racism/xenophobia), and both local and national resources.
- Review/update resource document as COVID-19 public health response develops.

Student Representative, President’s Advisory Committee on Gender and Wellesley

September 2014 – May 2015 *Wellesley, MA*

- Developed educational events for the Wellesley community, including students, faculty, and alumnae, and researched admissions policies and concerns that impact transgender students.
- Attended weekly meetings with faculty, alumnae, fellow student representatives, and trustees.
- Served as a liaison with the Wellesley College trustees.
- Selected through a highly competitive interview process.

PUBLICATIONS

Garthe, R. C., Kaur, A., **Rieger, A.**, Blackburn, A. M., Kim, S., & Goffnett, J. (under review). Peer and dating violence victimization experiences of cisgender, transgender, and gender expansive adolescents.

Crits-Christoph, P., **Rieger, A.**, Gaines, A., & Connolly Gibbons, M. B. (2019). Trust and respect in the patient-clinician relationship: Preliminary development of a new scale. *BMC Psychology*, 7:91. Doi:10.1186/s40359-019-0347-3

Rieger, A., Gaines, A., Barnett, I., Baldassano, C. F., Connolly Gibbons, M. B., & Crits-Christoph, P. (2019). Psychiatry outpatients' willingness to share social media and smartphone data for research and clinical purposes: Survey study. *JMIR Formative Research*, 3(3), e14329. doi:10.2196/14329

Gibbons, M.B., Gallop, R., Thompson, D., Gaines, A., **Rieger, A.**, & Crits-Christoph, P. (2019). Predictors of treatment attendance in cognitive and dynamic therapies for major depressive disorder delivered in a community mental health setting. *Journal of Consulting and Clinical Psychology*, 87(8), 745-755. doi:10.1037/ccp0000414

Crits-Christoph, P., Gallop, R., Gaines, A., **Rieger, A.**, & Gibbons, M.B. (2018). Instrumental variable analyses for causal inference: Application to multilevel analyses of the alliance-outcome relation. *Psychotherapy Research*. Available online: <https://doi.org/10.1080/10503307.2018.1544724>

Crits-Christoph, P., Wadden, S., Gaines, A., **Rieger, A.**, Gallop, R., McKay, J.R., & Gibbons, M.B. (2018). Symptoms of anhedonia, not depression, predict the outcome of treatment of cocaine dependence. *Journal of Substance Abuse Treatment*, 92, 46-50. doi:10.1016/j.jsat.2018.06.010

PRESENTATIONS: PAPER/PANEL

Rieger, A., Gaines, A., Crits-Christoph, P., & Gibbons, M.B. (2018, June). *Predictors/Moderator of Outcome in an Effectiveness Study of CT and SE Therapies for Depression*. Paper presentation at the Society for the Exploration of Psychotherapy Integration, New York City, NY.

Crits-Christoph, P., **Rieger, A.**, Gaines, A., & Gibbons, M.B. (2018, June). *Overview of Methods and Results of Effectiveness Study of CT and SE Therapies for Depression*. Paper presentation at the Society for the Exploration of Psychotherapy Integration, New York City, NY.

Gaines, A., **Rieger, A.**, Crits-Christoph, P., & Gibbons, M.B. (2018, June). *Predictors/Moderators of Engagement in an Effectiveness Study of CT and SE Therapies for Depression*. Paper presentation at the Society for the Exploration of Psychotherapy Integration, New York City, NY.

Gibbons, M.B., Gaines, A., **Rieger, A.**, & Crits-Christoph, P. (2018, June). *A Model for Personalizing a Sequence CT and SE Therapies for Depression*. Paper presentation at the Society for the Exploration of Psychotherapy Integration, New York City, NY.

Gibbons, M.B., Gaines, A., **Rieger, A.**, Gross, R., & Crits-Christoph, P. (2018, June). *Motivational Anhedonia as a Target of Intervention for HIV+ Individuals with Schizophrenia or Depression*. Paper presentation at the Society for Psychotherapy Research, Amsterdam, Netherlands.

Rieger, A., Gaines, A., Gibbons, M.B., & Crits-Christoph, P. (2018, June). *Deficits in Reward Processing among CMHC Patients Seeking Treatment for Depression*. Paper presentation at the Society for Psychotherapy Research, Amsterdam, Netherlands.

Gaines, A., Wadden, S., **Rieger, A.**, Gallop, R., McKay, J., & Gibbons, M.B. (2018, June). *Anhedonia, Not Depression, Predicts the Outcome of Treatment of Cocaine Dependence*. Paper presentation at the Society for Psychotherapy Research, Amsterdam, Netherlands.

Crits-Christoph, P., **Rieger, A.**, Gaines, A., Gibbons, M.B., & Dimidjian, S. (2018, June). *Behavioral Activation Works Especially Well, Compared to Cognitive Therapy, for those with Major Depressive Disorder and Anhedonia*. Paper presentation at the Society for Psychotherapy Research, Amsterdam, Netherlands.

Davis, O., Anderson Washington, A., Kallon, H., **Rieger, A.**, Mouton, A., & den Elzen, H. (2018, June). *Building for eternity – cultural rootedness: undergraduates reflect taking Black Psychology at a PWI*. Paper presentation at the Association of Black Psychologists' 50th Annual International Convention, Oakland, CA.

Gibbons, M.B., Gaines, A., **Rieger, A.**, Gross, R., & Crits-Christoph, P. (2018, April). *Motivational anhedonia as a target intervention for HIV+ Individuals with schizophrenia or depression*. Center presentation at the Penn Mental Health AIDS Research Center meeting, Philadelphia, PA.

Rieger, A. (2017, May). *Creativity as a Route to Attitude Change: Can the Creative Process Augment the Effectiveness of a Persuasive Message?* Paper presentation at Wellesley College's Ruhlman Conference, Wellesley, MA.

PRESENTATIONS: WORKSHOPS & DISCUSSIONS

Allen, N. E., **Rieger, A.**, & Blackburn, A. M. (2020). *Moving Forward with Prevention and Evaluation*. Workshop presented at the Illinois Coalition Against Sexual Assault Prevention Conference, Oak Brook, IL.

Rieger, A., Blackburn, A. M., & Allen, N. (2019, October). *When problem definitions change: A growing conversation on a new sexual violence prevention evaluation project*. Village Discussion Session at the Midwestern ECO Conference, Lisle, IL.

POSTER PRESENTATIONS

Rieger, A., Garthe, R. C., Blackburn, A. M., Kim, S., & Allen, N. E. (2020, November). *Health communication: A community and societal-level child maltreatment prevention tool?*. Poster session presented at the 2020 Society for Research in Child Development Special Topic Workshop The State of Research on Prevention of Child Maltreatment: Current Knowledge and Future Directions to Inform Policy and Practice, St. Louis, MO.

Rieger, A., Gaines, A., Barnett, I., Baldassano, C. F., Connolly Gibbons, M. B., & Crits-Christoph, P. (2019, November). *Psychiatry outpatients' willingness to share social media and smartphone data for research and clinical purposes: Survey study*. Poster presentation at the Association for Behavioral and Cognitive Therapies Annual Convention, Atlanta, GA.

Blackburn, A.M., **Rieger, A.**, Bystrynski, J., & Allen, N. (2019, October). *LGBT students' experiences of interpersonal violence and help seeking behaviors*. Poster presentation at the Midwestern ECO Conference, Lisle, IL.

Rieger, A., Rondestved, L., & Theran, S. (2017, April). *The Perfect Storm: Emotional Awareness and Parent Attachment Influence Perfectionism in Female Adolescents*. Poster session presented at the Society for Research in Child Development Biennial Meeting, Austin, TX.

CURRENT RESEARCH

Research Assistant, Action Research & Collaboration
University of Illinois at Urbana-Champaign
August 2019 – present *Champaign, IL*

Rape Prevention and Education Program Statewide Evaluation

Principal Investigator: Nicole E. Allen, Ph.D.

- Organize/coordinate the:
 - *Evaluation Advisory Board*, a group of preventionists and rape crisis center directors who provide feedback to the evaluation team; organizing board invitations and board meetings; keeping field notes and meeting minutes.
 - *Interviews with preventionists across the state*; securing IRB approval, leading scheduling with participants, and working as one of three team interviewers.
 - *Review of rape crisis center prevention plans*; creating coding form and codebook to extract data from state prevention plans.
 - *Online partnership survey*, to investigate rape crisis center partnerships with outside organizations; working in REDCap to create in-depth investigation of organization linkages.
 - *Supervision/mentorship of two undergraduate research assistants*, who receive course credit for their involvement.
- Collaborate with team members to develop stakeholder interview questions.
- Secure IRB approval for preventionist interviews and key stakeholder surveys.
- Keep meeting notes/minutes.
- Attend in-person meetings and webinars to help design evaluation study and understand the Center for Disease Control's public health approach to address sexual violence.
- Conduct literature reviews investigating protective factors, risk factors, and community and societal-level interventions regarding sexual violence perpetration.

Research Assistant, Diversity Seminar/Community Psychology II Research Collaboration
University of Illinois at Urbana-Champaign
December 2019 – present *Champaign, IL*

Incivility in Science Study (InSci Scoop)

Principal Investigator: Mark Aber, Ph.D.

- Conduct literature review on incivility to identify research gaps and propose novel research study for a collaboration of peers with diverse programs of research.
- Draft interview protocol for group review and incorporate team members' edits.
- Draft consent and recruitment materials. Collaborate with team members to secure IRB approval.
- Collaborate with team members to jointly organize weekly team meetings.
- Record study development via meeting notes.

Independent Research, Action Research & Collaboration

University of Illinois at Urbana-Champaign

December 2019 – present *Champaign, IL*

Mass Messaging for Gender-Based Violence Prevention and Response: A Scoping Review

- Conduct scoping review on research involving mass messaging pertaining to gender-based violence.
- Supervise/mentor one undergraduate research assistant who received course credit for their work, training them to conduct systematic literature searches, including how to scan/code titles and abstracts for inclusion criteria.

PAST RESEARCH EXPERIENCE

Clinical Research Coordinator, Center for Psychotherapy Research, University of Pennsylvania

June 2017 – August 2019 *Philadelphia, PA*

Administrative Responsibilities

- Monitored grant budgeting, subcontract invoices, participant payments, and various research expenses (e.g., international conference travel reports).
- Served as the first line of communication with business administrators (for routing operations), IT support, and building management.
- Helped prepare 12 unique grant submissions to various funding sources (including NIMH, NIAAA, the Arnold Foundation, the Robert Wood Johnson Foundation, and the Bill & Melinda Gates Foundation).
 - Edited grant submissions for language clarity, completeness of thought, translation of scientific research design ideas, integrity of human subjects involvement, and APA style.
 - Helped gather necessary subcontract documents for community partnerships.
 - Prepared reference and human subjects sections.
 - Interpreted grant reviewer summary sheets and help draft responses.
 - Helped prepare grant resubmissions when applicable.
- Assisted in manuscript and presentation preparation.
- Managed and aided in interpretation of previous Center for Psychotherapy Research studies through HIPAA-compliant data storage and SPSS analysis.
- Interviewed, hired, and supervise undergraduate work-study students. Fostered clinical research interest and understanding; aided in senior student job applications.

- Began a summer internship program for undergraduates, coordinating with relevant University administrative personnel and PIs. Designed educational tasks and served as primary supervisor for the first summer intern at the Center.
- Ensured Center functioning by tracking office equipment and supply needs.

Feasibility of Behavioral Activation Trial in Community Mental Health

NIMH R34 MH108818

Principal Investigator: Paul Crits-Christoph, Ph.D.

- Interacted directly with patient participants. Screened, scheduled, consented, and compensated over 200 participants for baseline and follow-up (Month 1, 2, and 3) assessments.
- Administered all study assessments (baseline assessment = 4-5 hours; month assessments = 1 hour) and helped coordinate administration of HAM-D, CSSRS, and SCID with blind clinical evaluators. Administer Effort Expenditure for Rewards Task (EEfRT) at baseline and Month 3 assessments.
- Carried out safety protocols for suicidality, homicidality, child neglect, and mandated reporting concerns in partnership with outpatient clinic supervisor.
- Coordinated fair and speedy assignment of enrolled participants (to date: N = 61) to busy community therapist schedules. Advocated for ineligible patients regarding clinic waitlist placement.
- Served as the primary line of communication and collaboration with study therapists (N = 7).
- Relayed therapist and supervisor concerns to Principal Investigator. Resolve disputes with study therapists.
- Ensured that therapists are prepared for study appointments by providing BA manual supplies, recorders, and study measures.
- Built relationships with community mental health clinic employees (interns, case managers, supervisors, business employees, medical record coordinators, front desk staff, etc.) as study spokesperson.
- Prepared reports for business administrators to document participant payments.
- Created and sent recruitment and enrollment reports to study staff and research partners.
- Tracked and led honorarium payments to intake clinicians (N = 2 + clinical interns) and study therapists.
- Created Data and Safety Monitoring Committee reports (N = 3) and present to Data and Safety Monitoring Committee.
- Ensured compliance to NDA requirements; cleaned and uploaded data to the NDA, secure extensions as needed.
- Served as IRB liaison. Submitted and tracked all IRB modifications and continuing reviews; ensured IRB compliance in all activities; documented patient adverse events.
- Prepared annual NIH continuing reviews.
- Prepared detailed clinical updates for expert supervision; attended supervision sessions.
- Developed and revised proper data storage protocols.
- Documented activities in study SOP to ensure smooth transition between study staff.
- Supervised data entry with work-study students (N = 4).
- Independently researched mandated reporting requirements to provide study staff with more clarity.

Development of Electronic Quality Reporting System for Behavioral Activation for MDD in CMHC Setting

NIMH R21 MH116362

Principal Investigator: Mary Beth Connolly Gibbons, Ph.D.

- Helped edit and prepare grant application to secure funding.
- Independently planned, recruited for, and facilitated clinician focus groups (N = 2) and cognitive interviews with providers and patients (N = 20).
- Transcribed focus group audio recordings.
- Coordinated all IRB requirements, including initial protocol submission and modifications (N = 5).
- Coordinated graduate-level blind raters, who rated community therapy tapes.

Preliminary Work for Incorporating Patient Electronic Communications in Psychotherapy

Once Upon a Time Foundation

Principal Investigator: Paul Crits-Christoph, Ph.D.

- Helped edit and prepare grant application to secure funding.
- Coordinated all IRB requirements, including initial protocol submission and modifications (to date: N = 4).
- Drafted patient and clinician study surveys; incorporated feedback from investigators to finish final versions.
- Created clinician presentation to introduce potential participants to research field and study design.
- Independently recruited clinicians (to date: N = 7) and patient participants (to date: N = 118) in University of Pennsylvania outpatient clinic.
- Served as primary line of communication with psychiatrists and front desk staff.

Development and Validation of a Feedback System for Tracking and Improving Trust/Respect in an Economically Disadvantaged Behavioral Health Population

Robert Wood Johnson Foundation

Principal Investigator: Paul Crits-Christoph, Ph.D.

- Helped edit and prepare grant application to secure funding.
- Independently wrote and submitted initial IRB protocol.
- Helped research server and computing requirements to set up automated patient feedback system.
- Incorporated literature review on trust, respect, and alliance measures into suggestions for novel trust/respect study measure.
- Developed mock dashboard for feedback report.

Development of a Tool to Measure Patient Preferences for Contraceptives in Botswana

Bill & Melinda Gates Foundation

Principal Investigator: Paul Crits-Christoph, Ph.D.

- Helped prepare and submit IRB modifications, deviations, and continuing reviews.
- Assisted with preparation (content and rhetorical edits) of Phase I report and Phase II proposal to the Bill & Melinda Gates Foundation.
- Coordinated order and delivery of study supplies for University of Botswana.

Software to Measure Consumer Preferences in the Treatment of Depression

NIMH R21 MH108996

Principal Investigator: Paul Crits-Christoph, Ph.D.

- Helped edit and prepare grant application to secure funding.
- Independently wrote and submitted initial IRB protocol.

Penn Mental Health AIDS Research Center- Core C: Clinical Assessment Core
NIMH P30 MH097488-8100

Principal Investigator of Parent Grant: Dwight Evans, Ph.D.

Clinical Assessment Core Project Leader: Paul Crits-Christoph, Ph.D.

- Helped interview and hire Psy.D. students from local programs as diagnosticians.
- Helped organize diagnostician training in SCID-IV, HAM-D, and CSSRS. Attended training workshop.
- Aided in scheduling and organization decisions.
- Provided support to diagnosticians at community mental health clinic for logistical and safety concerns.
- Served as coordinator when primary coordinator takes vacation and sick time.

Once Upon a Time Foundation Consulting

Consultant: Paul Crits-Christoph, Ph.D.

- Researched and prepared PI suggestions for various social media monitoring applications.
- Incorporated various natural language analysis results and online mental health message board content into the creation of over 200 emails to test the Bark Parental Control monitoring system.
- Independently documented emails, coded system alerts, and interpreted findings.
- Independently drafted 15 page report on system testing, which was minimally edited by Dr. Crits-Christoph, and presented to the Foundation and research teams at Johns Hopkins University, the University of Pennsylvania, and Harvard University.
- Attended conference call with Foundation representative to describe system testing results.
- Generated one page bullet-point results briefing on second round of system testing.

Research Assistant, Wellesley College

January 2016 – May 2017 *Wellesley, MA*

- Managed and analyzed data for a longitudinal research study evaluating a leadership camp for adolescent females.
- Presented research poster at the 2017 Society for Research in Child Development conference.

Honors Thesis Student, Wellesley College Psychology Department

June 2016 – May 2017 *Wellesley, MA*

- Worked closely and met weekly with faculty mentor to create novel theory regarding the creativity and attitude change processes and design a randomized study.
- Recruited and administered study protocol to 120 randomized participants from undergraduate campus sample.
- Reported findings in lengthy APA-style paper and in presentations to thesis committee and Wellesley College community.

Research Intern, Howard University Hospital's Sleep and Stress Research Program

June – August 2016 *Washington, DC*

- Collected, managed, and analyzed data for two major research studies about trauma-related insomnia.
- Recruited participants by contacting local organizations, staffing a weekly table in the VA medical center lobby, calling previous study participants, and completing phone screeners.
- Conducted literature reviews and an independent research project.
- Observed and administered clinical interviews using the Structured Clinical Interview for DSM-5, Clinician Administered PTSD Scale, Duke Structured Interview for DSM-5 Sleep Disorders, and Columbia-Suicide Severity Rating Scale.
- Created and presented PowerPoint on ongoing research study at Clinical Research Meeting to doctors, nurses, and researchers.
- Gathered and structured information to begin a lab website.
- Observed CBT interventions for insomnia and substance use, and shadowed a clinical psychologist on pilot study.

COMMUNITY INVOLVEMENT

Rape Crisis Hotline Volunteer

Rape Advocacy, Counseling, & Education Services

Urbana, IL

January 2020 – present

- Provide crisis counseling to callers (survivors of sexual violence, significant others, and providers) for approximately 2 shifts every month, and attend quarterly supervision meetings.
- Completed 40 hour certification training.

WOAR (formerly Women Organized Against Rape)

Philadelphia, PA

June 2017 – August 2019

- Provided crisis counseling to callers (survivors of sexual violence, significant others, and providers) for approximately 3 7-hour shifts every month; accompanied survivors to SVU for evidence collection; represented WOAR at community outreach events; facilitated community workshops; helped plan and present hotline training; developed volunteer outreach handout addressing secondary trauma.
- Completed 40 hour certification training.

Boston Area Rape Crisis Center

Boston, MA

May 2015 – May 2017

- Provided crisis counseling to callers (survivors of sexual violence, significant others, and providers) for a weekly 3-hour shift, and attended peer supervision meetings twice a month.
- Completed 40 hour certification training.

Caring Committee Implementation Team Member, First Unitarian Church of Philadelphia

September 2018 – August 2019 *Philadelphia, PA*

- Created, administered, and analyzed data on congregant experience providing care (e.g., delivering meals, visiting a fellow congregant in the hospital).

President, Active Minds, Wellesley College

Organization president from August 2015 – May 2017

Executive board member from August 2014 – May 2015

Mental Health Educator/organization member from August 2013 – May 2015

- Led the executive board in designing campus events to advocate for mental health, facilitated discussions, collaborated with organizations, planned biweekly meetings, oversaw training of campus Mental Health Educators, and connected students to on-campus mental health resources.

Disability Project Assistant, Boston Area Rape Crisis Center

August 2016 – January 2017 *Boston, MA*

- Represented BARCC in collaboration meetings with representatives from the MBTA, Transit Police, and the Boston Center for Independent Living.
- Created and formatted content for personal care attendants, skills trainers, and employers of personal care attendants on sexual violence and safety, and created warm referral documents.
- Interviewed staff members to create a policy for obtaining reasonable accommodations.

Lumpkin Fellow, Boston Area Rape Crisis Center

June 2015 – August 2015 *Boston, MA*

- Developed and led workplace violence training for staff and volunteers; researched and updated BARCC's workplace violence policy.
- Researched, organized, and presented information on website accessibility and social media for survivors of sexual violence and people with disabilities.
- Managed communication between the Community Awareness and Prevention Services manager and outside groups requesting BARCC engagements, and facilitated consent workshop for teens.

Stronger Communities, Stronger Schools Volunteer, St. Stephens Church

November 2014 – May 2015 *Boston, MA*

- Worked with fellow volunteers to plan and lead activities for female elementary students once a month.
- Encouraged teens to participate in group meetings to produce a multi-media art project on gun violence.

Youth Worker – CALMECAC, Guadalupe Centers, Inc.

June 2014 – July 2014 *Kansas City, MO*

- Designed and led academic lessons for eight weeks for a class of 5th graders, and collaborated with certified teachers with experience in urban districts.
- Participated in weekly staff meetings and twice a week field trips.

COLLEGIATE EXTRA-CURRICULAR ACTIVITIES

Student Athlete, Wellesley College

- Club rugby: March 2016 – May 2017
- Varsity crew: August 2013 – March 2016

Production Assistant/Stage Manager, Wellesley College Theatre Department
August 2013 – May 2017 *Wellesley, MA*